



APT PARENT AWARENESS

Our goal is to bring awareness to issues our children are faced with and resources to parents to teach their children how to make healthy choices

Parents, Teachers, Community ~ Preparing Our Children For Life

FOR DADS ONLY!!

From Tweens to Teens How to keep connected!

Saturday, March 15, 2008

8:30 - 10:30 am

CROYA, 400 Hastings Road
(Located next to the Rec Center)

Coffee and Bagels will be served

*Would you like to understand the changes
that are happening to your tween?*

Wonder why tweens make the decisions they do?

Dr. Girdaukas will explain how the brain
development of a tween works and
how you can effectively have a positive and
valuable relationship with your child in these years.
Come and network with other Dads of Middle Schoolers!

Featured Speaker: Dr. Gerry Girdaukas is a psychologist practicing individual and family therapy in the Lake County. He shows children and parents how changes in thinking, behaving, and relating cause brain changes and life changes. A father of three teenagers, he has first-hand experience, he readily shares his enlightening and entertaining stories.

All Lake Forest and Lake Bluff Dads are welcome.

Questions? **JoAnn Lucas Kenehan** at Jlucashome@aol.com or
Martha Avery at Mayoravery@aol.com